April 23, 2019 Tuesday Schedule; repeats May 7, 2019

Midnight to 0655: royalty-free music

0655: Sign-on (FM 106.9 in Pine Mountain Club, California)

0700: Democracy Now: 1 hr. stream from Pacifica, a national, daily, independent, award-winning news program hosted by journalists Amy Goodman and Juan Gonzalez.

0800: PoetsWest: Poems and stories about the American West, its mythologies and its degradation by modern civilization. Archive 10-19-2009

0830: PoetsWest: Poems on death and grieving with focus on memory and memorials. Archive 10-26-2009

0900: Lessons from a Radical Model on WGDR, Goddard College Community Radio, with your host Jackie Batten: Magdalena Gomez is an award-winning performance poet, playwright, performer, and teaching artist. She is the co-founder and artistic director of Teatro V!da, the first LateenX theater in Springfield, Massachusetts, and founder of the Ferocious Womens Group bringing to public view voices of women and girls through writing and performance. For ten years, Ms. Gmez performed nationally as a jazz poet with the late baritone saxophonist, Fred Ho. Ms. Gomez is also a New England Public Radio commentator, national speaker and columnist with the Point of View Newspaper. For this episode of Lessons from a Radical Model, we'll hear six works from her memoir in poems, Shameless Woman recorded on Goddard Colleges Plainfield campus in September of 2016 with improvised accompaniment from Myrna Miranda-ONeill on flute and Otto Mueller on piano. Archive 04-19-2017

0930: Lessons from a Radical Model on WGDR, Goddard College Community Radio, with your host Jackie Batten: Julia Bouwsma is a poet, freelance editor, critic, small-town librarian, and farmer in the mountains of Western Maine where she lives off the grid. Her debut collection of poems, Work by Bloodlight published by Cider Press Review this year was chosen by American poet Linda Pastan as the winner of the 2015 Cider Press Review Book Award. Archive 04-26-2017

1000: Ask Peggy About Your Finances: Market Update 01/19/2018; Stock Market Indices Explained; Legislative Update; Individual Retirement Accounts; Ask Peggy About Bonds. Archive 02-04-2018

1030: Ask Peggy About Your Finances: Market Update 2/19/2018; Market Correction and Volatility Explained; Legislative Update on CFPB and Equifax; Setting Financial Goals; Ask Peggy About Risk Tolerance; Ask Peggy About Adviser Fees. Archive 02-19-2018

1100: Food Sleuth: Did you know that food touches everything? Join Food Sleuth Radio host and Registered Dietitian, Melinda Hemmelgarn, for her interview with Laura Titzer, community food organizer based in Seattle, WA, and author of No Table Too Small: Engaging in the Art and Attitude of Social Change. Titzer discusses her work history, defines food activist, and describes barriers to, and solutions for food justice. Archive 08-12-2018

1130: Did you know that supermarkets hold great power and influence over the farmers, producers and workers who supply their products? Join Food Sleuth Radio host and Registered Dietitian, Melinda Hemmelgarn, for her interview with Irit Tamir, J.D., Director of Oxfam Americas Private Sector Department. Tamir will discuss Oxfams new report, Ripe for Change: Ending the human suffering behind our food https://www.oxfamamerica.org/static/media/files/Ripe-for-Change-Ending-Human-Suffering-in-Supermarket-Supply-Chains-report.pdf and Oxfams new Behind the Barcodes Campaign, which assesses supermarket supply chains and how they score on human rights. Oxfam is a global organization working to end the injustice of poverty. Tune in to learn the stories behind our global food system, including CEO salaries, supermarket consolidation, and seafood supply chain working conditions; and, learn how to increase transparency and ethical sourcing. Archive 08-19-2018

1200: MyND Talk: How to be Loved Eva Hagberg Fisher: At age thirty, an undiscovered mass in her brain ruptured. So did her life. A brain surgery marked only the beginning of a long journey, and when her illness hit a critical stage, it forced her to finally admit the long suppressed truth: she was vulnerable, she needed help, and she longed to grow. She needed true friendship for the first time. Archive 02-19-2019

1230: MyND Talk: This Messy Magnificent Life Geneen Roth: With humor, compassion, and insight, Geneen Roth explores the personal beliefs, hidden traumas, and social pressures that shape not just womens feelings about their bodies, but also their confidence, choices, and relationships. Archive 02-20-2019

1300: Catskill Review of Books: Discussing "Joint Ventures" the CNBC anchor's book on the medical marijuana industry. Archive 05-08-2011

1330: Catskill Review of Books: On the anniversary of the Gulf Spill, Joel Achenbach who covered the disaster for the Washington Post published his account of the politics, science and technology of the response. Archive 05-11-2011

1400: Conversation Earth: Gross Domestic Product has now become a fetish, according to economist Raj Patel. Many undesirable things end up adding to GDP: wars, disease, and environmental destruction, for example. Meanwhile, GDP fails to measure many desirable indicators of community health. It has led us to live in an ecologically and socially unsustainable fashion. Patel feels the myth of growth has let us down, and we need new ways of sensing, of valuing, and of sharing the world around us. In this interview recorded in the Spring of 2010, Patel shares that, The tools with which we've been raised to help us understand the way the world works and how our future might be delivered to us are broken. But it's OK, because there are loads of solutions around us in which we might manage the world differently and more sustainably. Archive 05-30-2016

1430: Conversation Earth: Anishinaabe orator, author, economist and activist Winona LaDuke doesn t mince words in her quest to light a path for us to hang around another thousand years. Winona observes that we are doing things only addicts would do, including sedating ourselves with a lot of information and television. Your ecosystem seems to be your mall, LaDuke tell us. The author of Recovering the Sacred tells us we need a society that is respectful, resilient, and ecologically and socially responsible. Instead, we have a society based on conquest, on consuming more than it needs. We emphasize quarterly profits over intergenerational responsibility. This interview, recorded in the Spring of 2015, confirms that the tenets of a sustainable economy are found in indigenous thinking. The conversation ranges from rights, responsibilities, and cultural baggage, to globalization, the pros and cons of urbanization, and the intelligence of economic growth as a public policy goal. Archive 06-06-2016

1500: Counterspin: Sebastian Jones on PR pundits; Ibrahim Hooper on Nashville Mosque attack. Archive 02-17-2010

1530: Counterspin: Cyrus Safdari on Iran, Robert Alvarez on nuclear power. Archive 02-24-2010

1600: Children's Storytime: The Sun. Archive 05-24-2012

1630: Children's Storytime: Teeth. Archive 05-31-2012

1700: Flashpoints: 1 hr. stream from Pacifica; An award winning front-line investigative news magazine, focusing on human, civil and workers' rights, issues of war and peace, Global Warming, racism and poverty, and other issues. Hosted by Dennis J. Bernstein.

1800: Pacifica Evening News: 1 hr. stream from Pacifica; The Pacifica Evening News is a collaboration of KPFA and KPFK in Los Angeles and KFCF in Fresno. Comprehensive coverage of the day's news with a focus on war and peace; social, environmental, and economic justice.

1900: History Counts: Marine General Smedley Butler won two Congressional Medals of Honor fighting in US foreign military interventions. Yet in the 1930s, Butler became one of the most outspoken anti-imperialists. Archive 12-31-2007

1930: History Counts: Professor James Loewen, author of the 1996 American Book Award winning ♦Lies My Teacher Told Me♦, critiques the way American history is taught in schools. Archive 01-31-2008

2000 & 2100: Golden Age of Radio: Archive 09-24-2011

2200 to Midnight: royalty-free music