

April 25 2019 Thursday Schedule; repeats May 9, 2019

Midnight to 0655: royalty-free music

0655: Sign-on (FM 106.9 in Pine Mountain Club, California)

0700: Democracy Now: 1 hr. stream from Pacifica, a national, daily, independent, award-winning news program hosted by journalists Amy Goodman and Juan Gonzalez.

0800: PoetsWest: Poems on our current economic and political crises. Archive 11-09-2009

0830: PoetsWest: Poems on family. Archive 11-21-2009

0900: Lessons from a Radical Model on WGDR, Goddard College Community Radio, with host Jackie Batten: Derrick Austin is a Cave Canem fellow who earned his MFA from the University of Michigan and is currently the Ron Wallace Poetry Fellow at the Wisconsin Institute of Creative Writing. American poet and 2013 National Book Award for Poetry Winner, Mary Szybist selected Derricks debut book, Trouble the Water for the A Poulin Jr Prize in 2015. Archive 05-17-2017

0930: Lessons from a Radical Model on WGDR, Goddard College Community Radio, with host Jackie Batten: Pamela Booker is an author, educator, performance artist and a 2015 Lambda Literary Awards Finalist. Shes also an urban growing-sustainability enthusiast, Reiki healer, and herbalist. She is a graduate of the Goddard College MFA in Interdisciplinary Arts program and is currently an assistant professor at New York University. Archive 05-24-2017

1000: Ask Peggy About Your Finances: Market Update 3/9/2018; Trade Imbalances Explained; Legislative Update on Dodd Frank and Mass v. Wells Fargo; Whole vs Term Life; Ask Peggy About Mutual Funds. Archive 03-12-2018

1030: Ask Peggy About Your Finances: Leading and lagging economic indicators; DOL wins 10th Circuit Court of Appeals on fixed index annuities; Disability Insurance; Ask Peggy about how much to save for retirement; Ask Peggy how long it takes investments to grow. Archive 03-19-2018

1100: Food Sleuth: Did you know that Smithfield Foods is a \$15 billion global food company and the worlds largest hog producer and slaughterhouse? (Smithfield slaughters 32,000 hogs per day; thats 33 hogs per minute or 1 every two seconds.) Join Food Sleuth Radio host and Registered Dietitian, Melinda Hemmelgarn, for her interview with Lynn Waltz, two-time Pulitzer Prize nominee, assistant professor of journalism at The Scripps Howard School of Journalism and Communications at Hampton University, Hampton, Virginia, and author of Hog Wild: The Battle for Workers Rights at the Worlds Largest Slaughterhouse (University of Iowa Press/2018). Waltz shares her extensive investigation into how the Smithfield slaughterhouse changed the landscape of eastern North Carolina and how and why workers fought and won the right to unionize. Waltz helps us understand the high costs of cheap meat, and offers hope and policy solutions for a more sustainable food system. Archive 09-09-2018

1130: Food Sleuth: Did you know the Centers for Disease Control and Prevention report that about one in 59 children has been identified with autism spectrum disorder (ASD)? And that food is at the heart of treatment? Join Food Sleuth Radio host and Registered Dietitian, Melinda Hemmelgarn, for her interview with Elizabeth Strickland, R.D. author of Eating for Autism: the 10-Step Nutrition Plan to Help Treat Your Childs Autism, Aspergers or ADHD. Strickland explains the power of food and nutrition in helping children and their families cope with challenges, including behavior, mood, sleep patterns, and the ability to learn, concentrate, and focus. Archive 09-16-2018

1200: MyND Talk: Untangled Victoria D. Stubbs : Victoria D. Stubbs shares her story of overcoming loss, hardship, racism, and adversity. Becoming vulnerable and true to one's own truth can be difficult but is critically important and ultimately empowering. Archive 02-25-2019

1230: MyND Talk: Shattered Dreams Donna R. Walton : From dreams of being on stage - to being forced to lose a leg, Donna's life was more than challenging. Now the Founder and CEO of LEGGTalk, Inc. and the Divas With Disabilities Project, Walton is an award-winning motivational speaker who helps individuals and businesses fulfill their full potential. Archive 02-26-2019

1300: Catskill Review of Books: Ian Williams talks to Jack Plunkett about his book "The Next Boom" Archive 06-16-2011

1330: Catskill Review of Books: Ian Williams talking to Rob Dunn about his book ♦The Wild Life of Our Bodies: Predators, Parasites, and Partners That Shape Who We Are Today,♦ explaining our intimate and necessary relationship with intestinal bacteria, worms and other icky things.. Archive 06-27-2011

1400: Conversation Earth: The age of growth and the age in which growth is going to be considered a good thing is coming to an end. The late sociologist William R. Catton was certain of this, but spent a significant portion of his professional life attempting to understand why mainstream society was reluctant to prove his point. Catton authored the landmark book, Overshoot: The Ecological Basis of Revolutionary Change, published in 1980. He brought important sociological perspective to a subject dominated by biologists and physicists. He observed that our lives are built around an obsolete cultural belief system, developed when the size of human civilization had not yet outgrown the carrying capacity of the planet. According to scientists at the Global Footprint Network, human civilization surpassed a sustainable scale (a combination of population and consumption) in the 1970s. Catton observed a lag between that reality and the dominant worldview that affects our rate of consumption " of both renewable and nonrenewable resources. Archive 06-27-2016

1430: Conversation Earth: What went wrong with the environmental movement? Environmental activist, organizer and author Lorna Salzman shares her thoughts about climate change, consumerism, cheap energy, economics, lawyers and politics. She discusses what went wrong with the environmental movement, plus irrationality, denial, and outright lies we tell ourselves, and each other. Lorna Salzman has the chops to be an outspoken critic of many in the modern environmental movement. She played a key role in the early days of Friends of the Earth alongside David Brower (the first executive director of the Sierra Club), beginning a 40-year career as an environmental activist, writer, lecturer and organizer. A contender for the Green Party presidential nomination in 2004, Salzman is an iconoclast in every sense of the word. Archive 07-04-2016

1500: Counterspin: emima Pierre on Haiti and Megan Tady on TV wars. Archive 03-17-2010

1530: Counterspin: Trudy Lieberman on health care, Phyllis Bennis on Israel-U.S. relations. Archive 03-24-2010

1600: Children's Storytime: This show is about rain and the water cycle. Archive 06-21-2012

1630: Children's Storytime: This show is about sleep. Archive 06-28-2012

1700: Flashpoints: 1 hr. stream from Pacifica; An award winning front-line investigative news magazine, focusing on human, civil and workers' rights, issues of war and peace, Global Warming, racism and poverty, and other issues. Hosted by Dennis J. Bernstein.

1800: Pacifica Evening News: 1 hr. stream from Pacifica ; The Pacifica Evening News is a collaboration of KPFA and KPFK in Los Angeles and KFCF in Fresno. Comprehensive coverage of the day's news with a focus on war and peace; social, environmental, and economic justice.

1900: History Counts: Attorney William F. Pepper describes the conspiracy to assassinate Martin Luther King. He represented the King family in a wrongful death action in which the court found that Dr. King's assassins included government agents. Archive 05-01-2008

1930: History Counts: In 1910, seven powerful Wall Street financiers boarded a private railroad car for a secret meeting at a private resort where they drew up plans for a U.S. central bank. Born in secrecy, their creation became in 1913 the Federal Reserve. Archive 05-01-2008

2000 & 2100: Golden Age of Radio: Sidney Greenstreet, Harry Bartell, Robert Ripley, John Dehner. Archive 01-14-2012

2200 to Midnight: royalty-free music