

May 1, 2019 Wednesday Schedule; repeats May 15, 2019

Midnight to 0655: royalty-free music

0655: Sign-on (FM 106.9 in Pine Mountain Club, California)

0700: Democracy Now: 1 hr. stream from Pacifica, a national, daily, independent, award-winning news program hosted by journalists Amy Goodman and Juan Gonzalez.

0800: PoetsWest: Poems on dealing with the lumps of life. Archive 03-28-2010

0830: PoetsWest: Poems by the ancient Chinese poet Li Bai translated and read by Keith Holyoak. Archive 04-04-2010

0900: Lessons from a radical model: aura McCullough earned a Master of Fine Arts degree in Writing and Literature from Goddard College. In part 1 we discussed mentorship, writing as a sense, and The Wild Night Dress, selected by American Poet Billy Collins in the Miller Williams Poetry Prize Series in 2017. In part 2, we explore inspiring students to find creative meaning, narrative lyric, marine biology, and well hear another selection from The Wild Night Dress. Archive 01-17-2018

0930: Lessons from a radical model: Dr. Tommie C. Smith is an American former track & field athlete and wide receiver in the American Football League. During the historical 19th Olympiad in Mexico City in the summer of 1968, Smith broke the world and Olympic record with a time of 19.83 seconds and became the 200-meter Olympic champion. As the Star Spangled Banner played, Smith and bronze medalist John Carlos stood on the victory podium, each raised a fist covered in a black leather glove in a historic stand for human rights, liberation, and solidarity. Smith received his Bachelor of Arts degree from San Jose State University in Social Science with double minors in Military Science and Physical Education. In 1974 he received his Master's Degree in Sociology from the Goddard Cambridge Graduate Program for Social Change. The program, created in 1970, was a collaboration between Goddard and the Cambridge Policy Studies Institute that provided training and certification for those interested in combining the theory and practice of social change. In 2005, Smith was awarded an Honorary Doctorate Degree from San Jose State University and in 2013, he received the Goddard College Presidential Award for Activism. Archive 01-24-2018

1000: Ask Peggy About Your Finances: This is the second evergreen show that features questions answered on the "Ask Peggy About Your Finances" show. It addresses different questions than those featured on the first evergreen show. Archive 06-12-2018

1030: Ask Peggy About Your Finances: Bulls and Bears Market Report for Week Ending 6/15/18; Economic Commentary on FOMC Interest Rate Increase and Potential Trade Wars; Legislative Update on Peggy's Trip to DC with the Financial Planning Association; Plan Your Prosperity on CFP Board's Questions for a Financial Adviser; Ask Peggy How to Plan Your Wedding on a Budget. Archive 06-18-2018

1100: Food Sleuth: Did you know that soil quality is at the heart of abundant, nutrient-dense food? Join Food Sleuth Radio host and Registered Dietitian, Melinda Hemmelgarn, for her interview with Kris Nichols, Ph.D., soil microbiologist. She describes soil health, discusses the state of our soils, and explains her work to regenerate soils for healthy crops, people and planet. Her work connects the dots between regenerative agricultural practices to public health, resilient communities and strong global economies. Dr. Kris Nichols is a Soil Microbiologist with over 25 years of research experience specifically studying mycorrhizal fungi. She was formerly Chief Scientist at the Rodale Institute, a Research (Soil) Microbiologist with USDAs Agricultural Research Service in North Dakota and a Biological Laboratory Technician with ARS in Beltsville, MD. She is the founder and principal scientist of KRIS Systems Education & Consultation and a sub-contractor with Soil Health Consulting, Inc. She

focuses on biological methods for agricultural production tools and practices to reduce pests, soil erosion, fossil fuel use, and greenhouse gas emissions. Archive 12-02-2018

1130: Food Sleuth: Did you know that use of the herbicide dicamba on genetically modified (GMO) soy and cotton crops threatens health-promoting fruit, vegetable and tree crops? Join Food Sleuth Radio host and Registered Dietitian, Melinda Hemmelgarn, for her interview with Steve Smith, Director of Agriculture for Red Gold Tomatoes, and Chairman of the Save our Crops Coalition. Smith describes the risks of using Dicamba, why farmers think they have to use it, and the tragedies of crop and tree loss, as well as divided rural communities. In 2018, EPA extended the registration for two years for over-the-top use (i.e. use on growing plants) of dicamba to control weeds in fields of cotton and soybean plants genetically engineered to resist dicamba. However, tax-payer funded state departments of agriculture cannot keep up with calls reporting herbicide drift damage. And farmers struggle to receive compensation from crop loss. Archive 12-09-2018

1200: MyND Talk: The Magic Feather Effect Melanie Warner : The small miracle of Warner's entertaining and highly useful book is that it gives you the tools to understand how alternative medicine works, so you can confidently make up your own mind...With lean and persuasive prose, she skillfully navigates the alternative-medicine landscape with an open mind and a strong bias for the scientific method." (The Washington Post) Archive 03-13-2019

1230: MyND Talk: MyNDTALK The Psychological Side of Bullying Dr. Ankur Desai : Is it a growing epidemic - or is there more awareness? Is there a time when it starts? Is there a way that it starts? Is there a who? Is there a why? Learn the answer to these questions and more from Dr. Ankur Desai, a Medical Director with AmeriHealth Caritas. Archive 03-14-2019

1300: Catskill Review of Books: Marcy Alan Craig talks to Ian Williams about her novel "A Woman of Heart" Archive 09-12-2011

1330: Catskill Review of Books: Ian Williams talks to PA Newsman Larry Kane about his true-to-life thriller Death By Deadline . Kane laments declining standards in local TV while Williams acts as Job's comforter, and reassures him that national news is every bit as bad! Archive 09-20-2011

1400: Conversation Earth: Tom Shadyac is a successful Hollywood comedy director who found the traditional trappings of success were not the key to happiness. He traded a mansion and private jets for a mobile home and a bicycle. After a bicycle accident nearly killed him, he decided it was time to tell a different kind of story. His documentary, I Am, featured interviews with Desmond Tutu, Noam Chomsky, David Suzuki, and others about what's wrong with the world and what we can do about it. He also wrote the book, Lifes Operating Manual, which is a lot like it sounds. In part one of this two-episode conversation, Shadyac discusses human nature, the definition of success, and our cultural story, with a few references to Bernie Sanders and Donald Trump along the way. Archive 02-20-2017

1430: Conversation Earth: In part two of a two-episode conversation, Shadyac discusses technology, morality, competition, success and politics. His documentary, I Am, explored what's wrong with the world and what we can do about it. He wrote the book, Lifes Operating Manual, to share his observations about the true meaning of life. Archive 02-27-2017

1500: Counterspin: David Helvarg on BP spill, Earl Ofari Hutchinson on Rand Paul. Archive 05-26-2010

1530: Counterspin: James Zogby on Gaza; Scott Horton on Guantanamo. Archive 06-02-2010

1600: Children's Storytime: Pirates. Archive 09-13-2012

1630: Children's Storytime: Fish. Archive 09-20-2012

1700: Flashpoints: 1 hr. stream from Pacifica; An award winning front-line investigative news magazine, focusing on human, civil and workers' rights, issues of war and peace, Global Warming, racism and poverty, and other issues. Hosted by Dennis J. Bernstein.

1800: Pacifica Evening News: 1 hr. stream from Pacifica ; The Pacifica Evening News is a collaboration of KPFA and KPFK in Los Angeles and KFCF in Fresno. Comprehensive coverage of the day's news with a focus on war and peace; social, environmental, and economic justice.

1900: History Counts: Manias, Panics and Crashes: We look at financial crises that have plagued the modern world from Holland's tulip bubble of 1626 to the present real estate and stock market collapse. What causes them? Why are some crises so long? How can they be prevented? Archive 01-29-2009

1930: History Counts: The Rise and Fall of Great Powers. Is the United States poised for a fall like the British and Spanish empires? Archive 02-27-2009

2000 & 2100: Golden Age of Radio. Archive 4-21-13

2200 to Midnight: royalty-free music