

May 3 2019 Friday Schedule; repeats May 17, 2019

Midnight to 0655: royalty-free music

0655: Sign-on (FM 106.9 in Pine Mountain Club, California)

0700: Democracy Now: 1 hr. stream from Pacifica, a national, daily, independent, award-winning news program hosted by journalists Amy Goodman and Juan Gonzalez.

0800: PoetsWest: Poems reflecting on the effects of modern warfare on civilian populations. Archive 04-26-2010

0830: Poets West: Poems by award-winning poet Ellaraine Lockie. Accompanied with music by daughters, Heather and Shawn Lockie. Archive 05-17-2010

0900: Lessons from a Radical Model: On November 14th, 2017 I attended Poets Resist: Voices of Dissent a night of political poetry sponsored by and a benefit for the ACLU Foundation of Vermont and co-sponsored by Goddard College. Poets including Chard DeNiord, Reuben Jackson, Tina Escaja with her daughter Vera Escaja-Heiss as translator, Sarah Browning, Simone John, and Burlington VT's Muslim Girls Making Change all read and performed poetry about the current political climate, racism, and/or injustices in our society. In this part 1, we feature the readings of Chard DeNiord and Tina Escaja. Tina is a deconstructivist/cyber-poet, digital artist and scholar based in Burlington, Vermont. Chard DeNiord is currently a professor of English at Providence College and the Poet Laureate of Vermont. Archive 02-14-2018

0930: Lessons from a Radical Model: In this part 2, we feature the readings of Goddard graduates Reuben Jackson and Simone John, also Sarah Browning the co-founder and executive director of Split This Rock a national nonprofit organization of poets, artists, and activists based in Washington, D.C. We will also hear a selection from Muslim Girls Making Change, a youth led slam poetry group dedicated to social justice based in Burlington, Vermont. Archive 02-21-2018

1000: Ask Peggy About Your Finances: Bulls and Bears Market Report, Q2 and YTD; Legislative Update on Retirement Proposals and new DOL guidelines on Environmental, Social, and Governance Investing and the Fiduciary Rule; Plan Your Prosperity on Compound Interest; Ask Peggy About Disability Insurance. Archive 07-09-2018

1030: Ask Peggy About Your Finances: This is a new "evergreen" show featuring questions from the "Ask Peggy" segment of the Ask Peggy About Your Money show. Archive 07-17-2018

1100: Food Sleuth: Did you know that our daily food and beverage choices have a collective impact on global sustainability? Join Food Sleuth Radio host and Registered Dietitian, Melinda Hemmelgarn, for her interview with Jennifer Jay, Ph.D., professor of environmental engineering in the Civil and Environmental Engineering Department, Institute of the Environment and Sustainability at UCLA. Jay does the math, calculating the global environmental impacts and costs of the food on our plates. Jay discusses the costs of industrial food production, from greenhouse gas emissions, to loss of biodiversity, and antibiotic resistance. She describes how we can all help meet Paris Climate Accord targets and reduce our personal carbon footprints with a few simple changes in our dietary habits. Archive 12-30-2018

1130: Food Sleuth: Did you know that alcohol increases circulating levels of estrogen which can increase the risk of some cancers? Join Food Sleuth Radio host and Registered Dietitian, Melinda Hemmelgarn, for her interview with Karen Collins, registered dietitian and nutrition advisor for the American Institute for Cancer Research. Collins reviews the latest dietary research and

recommendations for reducing cancer risk. Tune in for the latest advice on fiber, red meat, soy, sugar, and more. Archive 01-06-2019

1200: MyND Talk: Baby Feminists. Libby Babbott-Klein : Libby Babbott-Klein takes your child on an exciting journey of possibilites! Archive 03-19-2019

1230: MyND Talk: Trauma Informed Care Felicia Veale-Buckson : rauma Informed Care" is a term we hear a lot these days - but what does it really mean? How does it really impact care? Why is it so important? Learn the answer to these questions and more as Felicia Veale-Buckson walks us through the components and the power of trauma informed care. Archive 03-20-2019

1300: Catskill Review of Books: Ian Williams talks to Stanley Fish about Sentencing Policy "How to write a Sentence" Archive 10-06-2011

1330: Catskill Review of Books: Jeff Cowie talks to Ian Williams about "Stayin' Alive: the 1970s and the Last Days of the Working Class" and how the thesis stands up in the light of Wisconsin and Wall St protests. Archive 10-16-2011

1400: Conversation Earth: Part II: How can policymakers be persuaded to abandon the most widespread public policy goal on Earth? In our last episode, Brian Czech explained that economic growth cannot be sustained perpetually on a finite planet. This episode continues that conversation with the conservation biologist and economics expert. Here, he explains why pro-growth economists proliferate, and offers his prescription for making the shift to a steady state economy. Brian Czech is founder and president of the Center for the Advancement of the Steady State Economy, and author of Shoveling Fuel for a Runaway Train and Supply Shock: Economic Growth at the Crossroads and the Steady State Solution. Archive 03-19-2017

1430: Conversation Earth: With human activity disrupting the climate, do we have a moral imperative not to have children, or to have only one child? Bioethicist Travis Rieder dares to explore this bold question with sensitivity and scientific rigor. Rieder shares his logic in the short book, Toward a Small Family Ethic: How Overpopulation and Climate Change are Affecting the Morality of Procreation. It starts with the fact that deciding not to have one child is over 20 times more effective at reducing carbon footprint than a lifetime doing the six most common green activities. In part one of this two-part 2017 conversation, we unpack the logic, and address the sensitivities of even making suggestions about what we do in the bedroom. Travis Rieder is Assistant Director for Education Initiatives and a Research Scholar at the Berman Institute of Bioethics at Johns Hopkins University. Archive 03-27-2017

1500: Counterspin: Joshua Holland on Afghanistan; Sandy Cioffi on Nigeria's oil drilling crisis. Archive 06-23-2010

1530: Counterspin: Nancy Altman on deficits and Social Security; Alfie Kohn on education. Archive 06-30-2010

1600: Children's Storytime: This show is about mud and dirt. Archive 10-09-2012

1630: Children's Storytime: Halloween . Archive 10-18-2012

1700: Flashpoints: 1 hr. stream from Pacifica; An award winning front-line investigative news magazine, focusing on human, civil and workers' rights, issues of war and peace, Global Warming, racism and poverty, and other issues. Hosted by Dennis J. Bernstein.

1800: Pacifica Evening News: 1 hr. stream from Pacifica ; The Pacifica Evening News is a collaboration of KPFA and KPFK in Los Angeles and KFCF in Fresno. Comprehensive coverage of the day's news with a focus on war and peace; social, environmental, and economic justice.

1900: History Counts: Rejecting both Big Government and Big Business, populists argue for a decentralized system of government and a decentralized monetary and economic system which leave real power with individual citizens. Archive 06-30-2009

1930: History Counts: Have you ever wondered how the CIA overthrows foreign governments? We show how it's done by examining in detail the CIA orchestrated coups in Iran 1953, Guatemala 1954, and Chile 1973. Archive 07-30-2009

2000 & 2100: Golden Age of Radio: Orson Welles, William Conrad, Laird Cregar, Agnes Moorehead, Allen Sherman. Archive 05-04-2013

2200 to Midnight: royalty-free music