KCPK-LP at FM 106.9 on your radio dial

Donations and Memberships at www.cowfest.org

Contact us there if you are interested in developing your own radio show.

This is schedule from January 29 (Monday) through February 11 (Sunday) with different shows each day. Then same shows repeat for following two weeks. New schedule will be posted for February 26, 2018

Summary of daytime schedule of shows: From 8:00 a.m. to 12:00 p.m. the shows focus on writers; from 12:00 p.m. to 2:00 p.m., the shows focus on mental health; and from 2:00 p.m. to 4:00 p.m., the shows focus on food and health, and then with our children's show at 4:00 p.m. Pacifica Radio News Streams from 5:00 p.m. through 7:00 p.m., and this follows from 7:00 p.m. to 9:45 p.m. with science radio. See 4:00 p.m. community request for local programming producers.

Sign-on at approximately 6:55 a.m.

7: 00 a.m. Democracy Now: 1 hr. stream from Pacifica (Monday through Friday only)

Democracy Now! is a national, daily, independent, award-winning news program hosted by journalists Amy Goodman and Juan Gonzalez.

7:00 a.m. Classical Music: 1 hr. program (Saturday & Sunday replacement)

Baroque and Beyond, a radio show devoted to Baroque and Classical Music ("and a little bit of 'beyond') for Pacifica-affiliated stations. Produced by Michael White, who is a physician in his "day job" and is not a music professional.

8:00 a.m. Write the Book, Hour 1: 1 hr. program

From Burlington, Vermont, this show offers in-depth interviews with authors, poets, illustrators, agents, and editors about writing, publishing, finding inspiration, developing one's craft, and finding community. The show always ends with a new writing prompt. This month, we continue to broadcast from archives, now from February 22, 2016 to October 10, 2016. We will continue for the next months until we are current with the broadcasts. If you want to listen to older archival programs, go to: http://writethebook.podbean.com

9:00 a.m. Write the Book, Hour 2: 1 hr. program

We continue with archival programs, described above at 8:00 a.m.

10:00 a.m. Book Reviews, Hour 1: 1 hr.

Francesca Rheannon is an independent radio producer and show host of a talk show about writing, writers and their works, that has been on the air since 2004. We are playing archives from March 29, 2017 to November 8, 2017.

11:00 a.m. Book Reviews, Hour 1: 1 hr.

Continuation of Francisca Rheannon show.

12:00 p.m. Psychology Talks, Hour 1: 1 hr.

MyNDTALK, by psychologist Pamela Brewer, is intended for adults 18 years+ for quality relationship and mental health information. Listeners are encouraged to research, question, and review all forms of information/education particularly as it pertains to physical/emotional/social/psychological/relationship/mental health. We are playing archives from October 25, 2017 to December 3, 2017.

1:00 p.m. Psychology Talks, Hour 2: 1 hr.

Continuation of MyNDTALK.

2:00 p.m. Food Politics, Hour 1: 1 hr. (two 29 min segments)

The "Food Sleuth Radio Show" provides provocative interviews with researchers, authors, and others about our food and food system. Dietitian Melinda Hemmelgarn, host, helps listeners connect the dots between food, health, and agriculture, including the public health implications of governmental policy decisions. We are playing the archives from March 12, 2012 to April 1, 2013.

3:00 p.m. Food Politics, Hour 1: 1 hr. (two 29 min segments)

Continuation of above "Food Sleuth Radio" show.

4:00 p.m. Tell Us a Tale: 1 hr. (two 30 min. segments)

Offering stories, tales and tunes collected from six continents, this show appeals to all ages, but also focused for youth.

We appeal to the community to listen to this children's show and to prepare a children's show, using local talent, as the Pacifica Network Affiliates need more children's shows of this nature.

5:00 p.m. Flashpoints: 1 hr. stream from Pacifica (Monday through Friday only)

An award winning front-line investigative news magazine, focusing on human, civil and workers' rights, issues of war and peace, Global Warming, racism and poverty, and other issues. Hosted by Dennis J. Bernstein.

<u>6:00 p.m.</u> Pacifica Evening News: 1 hr. stream from Pacific (*Monday through Friday only*)

The Pacifica Evening News is a collaboration of KPFA and KPFK in Los Angeles and KFCF in Fresno. Comprehensive coverage of the day's news with a focus on war and peace; social, environmental, and economic justice.

5:00 p.m. to 7:00 p.m. Classical Music: two 1 hr. segments (Saturday & Sunday Replacement)

Baroque and Beyond, a radio show devoted to Baroque and Classical Music ("and a little bit of 'beyond') for Pacifica-affiliated stations. Produced by Michael White, who is a physician in his "day job" and is not a music professional.

7:00 p.m. to 9:45 p.m. Big Picture Science Radio Show: three 40-minute segments

This show is sponsored by the Seti Institute. It connects scientific research and technology with lively and intelligent storytelling. This month, KCPK is airing shows from archives of May 28, 2012 to September 9, 2013, and will continue to air archives in the coming months until current with Big Picture Science broadcasts.

9:45 p.m. Sign-off:

We are still in testing stage. If you find that a particular show has been replaced with classical music, this indicates that KCPK has encountered a broadcasting problem. Typically, the problem is resolved by the next hour. We appreciate your comments about problems.

KCPK is an affiliate of Pacifica Radio Network. KCPK airs programs from all over the U.S. which are produced by affiliates. KCPK plans to offer local programming to the Pacifica Radio network, by uploading locally produced shows and giving our community producers the opportunity to broadcast nationally as well as locally. We conclude our sign-on and sign-off with our theme song written for our area's historical documentary, "The Coming of Asphalt as told through Rural Storytelling Performance Art. You can view this video at our website under

menu tab "Cal Humanities Video." The theme song is entitled "The Road to Take Us Home" and is written and performed by Lily Landers, Kevin Davis, and Murphy Cross. Any programming you may have heard prior to KCPK's Sign-on or after our Sign-off was coming from a large FM station from Bakersfield at FM 107.1 which over-powers our frequency 106.9 when we are off the air.